

Resultat Superkjering

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
2003								
Superkjering junior jenter								
	1	Rannveig W Øverøyen	Fossum IF	00:18:06	00:16:15	00:16:14	00:21:12	01:11:47
	2	Silje Svanevik	Syril, IL	00:18:01	00:19:38	00:15:16	00:19:36	01:12:31
	3	Ingrid Fjær Andersen	Syril, IL	00:20:00	00:17:11	00:17:50	00:21:03	01:16:04
	4	Sara Storevik Moe	-	00:19:05	00:20:38	00:19:51	00:21:51	01:21:25
	5	Siv Jeanette Lerum	Sogndal IL	00:17:32	00:22:26	00:21:59	00:21:51	01:23:48
	6	Magni Svanevik	Syril, IL	00:20:33	00:24:31	00:20:20	00:22:50	01:28:14
	7	Ronja-Mari Vangsnes	Syril, IL	00:17:41	00:25:02	00:21:33	00:25:01	01:29:17
	8	Beate Røysum	Syril, IL	00:21:02	00:24:02	00:22:33	00:24:21	01:31:58
Superkjering junior gutar								
	1	Ole Eikeset	Sogn CK	00:13:17	00:15:25	00:16:48	00:13:40	00:59:10
	2	Rune Myklebust	Veten, IL	00:13:58	00:14:21	00:15:07	00:17:17	01:00:43
	3	Tommy Hildeskor	Syril, IL	00:12:00	00:16:36	00:15:52	00:17:46	01:02:14
	4	Kristian Teigen Svedal	Syril, IL	00:14:39	00:18:08	00:17:54	00:17:58	01:08:39
	5	Johan Elverum Salveson	Sogndal IL	00:16:41	00:18:49	00:17:55	00:19:32	01:12:57
	6	Kjetil Kristiansen	Syril, IL	00:20:27	00:17:16	00:17:28	00:19:10	01:14:21
	7	Vegar Wathne Bøyum	Syril, IL	00:19:57	00:18:02	00:17:19	00:19:49	01:15:07
	8	Lars Gjeraker	Kaupanger IL	00:18:54	00:17:48	00:20:11	00:21:03	01:17:56
	9	Bård Henjum	Syril, IL	00:17:54	00:19:54	00:17:26	00:23:21	01:18:35
	10	Marius Slinde	Syril, IL	00:18:52	00:20:47	00:19:40	00:20:02	01:19:21
	11	Jørgen Mathias Langeland	Sogndal IL	00:15:04	00:22:35	00:21:40	00:20:54	01:20:13
	12	Gjert Rosenlund	-	00:17:42	00:23:36	00:20:38	00:22:03	01:23:59
	13	Hallvard Haugen	Bjørn, IL	00:19:47	00:21:32	00:19:29	00:23:11	01:23:59
Superkjering senior kvinner								
	1	Ingrid Narum	Sogndal IL	00:14:01	00:13:24	00:13:05	00:18:45	00:59:15
	2	Helle Wangenstein	FIF	00:15:18	00:17:33	00:17:41	00:19:13	01:09:45

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	3	Torill Felde	Syril, IL	00:14:35	00:18:38	00:17:17	00:19:49	01:10:19
	4	Linn Bjelle	Sogndal IL	00:14:31	00:17:06	00:19:09	00:19:57	01:10:43
	5	Silje Storevik Moe	Syril, IL	00:13:06	00:18:46	00:18:54	00:19:58	01:10:44
	6	Margit Christenson	Lurkarlaget	00:13:15	00:18:39	00:20:54	00:20:04	01:12:52
	7	Kristin Hatledal	Markane IL	00:19:34	00:16:46	00:17:06	00:21:10	01:14:36
	8	Bodil Hjelmeset	-	00:20:54	00:20:31	00:19:02	00:23:12	01:23:39
	9	Mariann Hjelle	Fossil	00:25:56	00:21:37	00:19:02	00:21:01	01:27:36
	10	Gunnhild Sande	-	00:17:58	00:24:38	00:21:16	00:24:08	01:28:00
	11	Camilla Helen Landsverk	-	00:21:40	00:26:24	00:21:54	00:20:03	01:30:01
	12	Ingveig Holand Wahl	-	00:19:27	00:25:53	00:22:29	00:22:15	01:30:04
	13	Ida Neergård Sletten	Bergens turnforening	00:23:06	00:25:31	00:20:03	00:21:35	01:30:15
	14	Ranveig Hernes	-	00:21:32	00:28:42	00:19:01	00:25:04	01:34:19
	15	Anne Berit Dyngen	-	00:28:44	00:23:25	00:21:05	00:22:17	01:35:31
	16	Tove Kristin Sleire Tistel	Vik IL	00:31:23	00:24:26	00:23:55	00:26:39	01:46:23
Superkjering senior menn								
	1	Espen Gudevang	-	00:10:28	00:14:19	00:13:56	00:15:12	00:53:55
	2	Jarle Berge	Bkk velferd Kyrkjebø	00:11:29	00:13:59	00:14:40	00:15:16	00:55:24
	3	Steinar Nes	Sogndal IL	00:09:34	00:13:57	00:14:59	00:17:16	00:55:46
	4	Henrik Langeland	Sogndal IL	00:10:33	00:14:17	00:15:13	00:15:55	00:55:58
	5	Roar Hjelmeset	-	00:11:23	00:14:22	00:14:12	00:17:31	00:57:28
	6	Rune Aarhus	Lurkarlaget	00:10:16	00:16:10	00:15:44	00:15:36	00:57:46
	7	Atle Sæterbakken	-	00:09:51	00:16:20	00:15:54	00:15:42	00:57:47
	8	Anders Bergset	Veten, IL	00:11:03	00:15:21	00:14:46	00:16:50	00:58:00
	9	Idar Heimdal Espe	-	00:11:46	00:14:52	00:14:39	00:16:43	00:58:00
	10	Stein Olav Ness	Torstad Telemark	00:09:49	00:16:22	00:15:49	00:16:33	00:58:33
	11	Trond Killingrød	Syril, IL	00:14:40	00:13:47	00:14:14	00:17:06	00:59:47
	12	Bjarte Haugen	Bjørn, IL	00:13:43	00:14:23	00:14:51	00:17:00	00:59:57
	13	Geir Inge Austbø	-	00:12:29	00:15:48	00:15:19	00:16:33	01:00:09

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	14	Stein Fossen	Jostedalen Nutleikarlag	00:11:55	00:14:52	00:17:17	00:16:51	01:00:55
	15	Espen Lunde	Loonies Saft og Sylte	00:11:31	00:16:00	00:16:40	00:17:16	01:01:27
	16	Rune Mjåtveit	-	00:12:33	00:15:24	00:16:23	00:17:44	01:02:04
	17	Vidar Tistel	Vik IL	00:10:25	00:18:49	00:15:51	00:17:03	01:02:08
	18	Pål Salberg	Couloir Chop Drop Team	00:11:00	00:16:59	00:15:30	00:19:15	01:02:44
	19	Lars-Erik Strand	Stormfjell, I.L	00:12:18	00:16:16	00:16:05	00:18:28	01:03:07
	20	Ove Jørgensen	-	00:15:56	00:15:59	00:14:39	00:17:14	01:03:48
	21	Steinar Røysum	Syril, IL	00:15:36	00:16:04	00:15:33	00:18:06	01:05:19
	22	Johannes Gunvordal	Kokkusbollen	00:11:47	00:15:20	00:17:24	00:21:02	01:05:33
	23	Jan Milde	-	00:11:01	00:18:45	00:17:30	00:18:39	01:05:55
	24	Påsan Vigerust	Veritas BIL	00:13:22	00:17:11	00:15:52	00:19:48	01:06:13
	25	Øyvind Tollefsen	Brann	00:12:50	00:19:11	00:16:32	00:18:10	01:06:43
	26	Even Inge Nesje	Oppstryn IL	00:12:17	00:19:04	00:17:33	00:18:01	01:06:55
	27	Esben Trygve Evensen	Asker skiklubb	00:17:35	00:16:49	00:15:58	00:17:25	01:07:47
	28	Kurt Gerhard Almendingen	Bras(øy)IL	00:14:12	00:19:58	00:15:58	00:17:54	01:08:02
	29	Pål Espen Trøskén	-	00:13:13	00:19:08	00:17:06	00:19:40	01:09:07
	30	Karl Helge Albretsen	-	00:13:37	00:17:47	00:19:34	00:18:31	01:09:29
	31	Ole Hagen	-	00:15:35	00:18:27	00:17:43	00:17:50	01:09:35
	32	Asgeir Haugen	Norane	00:17:45	00:18:00	00:15:56	00:18:19	01:10:00
	33	Per Jakob Kyrkjeeide	Markane IL	00:15:35	00:18:42	00:17:33	00:18:17	01:10:07
	34	Henrik Røyseth	Syril, IL	00:12:40	00:19:39	00:19:11	00:18:51	01:10:21
	35	Johnny Skår	-	00:12:27	00:20:52	00:18:33	00:18:53	01:10:45
	36	Vidar Slettehaug	-	00:14:54	00:20:39	00:17:46	00:17:55	01:11:14
	37	Ørjan Munkvold	re-spons	00:13:48	00:18:47	00:17:39	00:21:41	01:11:55
	38	Torbjørn Alvær	Veritas BIL	00:18:30	00:17:40	00:16:51	00:19:13	01:12:14
	39	Harald Fykse	-	00:12:26	00:20:36	00:19:16	00:20:14	01:12:32
	40	Nils Martin Fjær	-	00:15:38	00:20:49	00:17:03	00:19:06	01:12:36
	41	Frode Vagstad	Vegil	00:19:03	00:18:44	00:18:50	00:17:38	01:14:15

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	42	Bjørnar Karlsen	GAFKO	00:13:38	00:20:36	00:20:23	00:19:39	01:14:16
	43	Jan Ole Liljedal	Syril, IL	00:13:05	00:20:40	00:22:01	00:18:31	01:14:17
	44	Arild Orvedal	SOGNEKRAFT A/S	00:19:30	00:19:01	00:18:50	00:17:59	01:15:20
	45	Frode Jarland	NBK (Norhordland Ball Klub)	00:15:33	00:19:34	00:19:47	00:20:36	01:15:30
	46	Thomas Opdal	Mo IL	00:13:04	00:21:03	00:20:33	00:20:58	01:15:38
	47	Kjartan Heggø	-	00:15:44	00:21:43	00:19:47	00:19:12	01:16:26
	48	Bjørn Tore Lie	Ål IL	00:14:35	00:24:52	00:18:38	00:19:50	01:17:55
	49	Roald Fure	Syril, IL	00:15:00	00:20:16	00:20:23	00:22:33	01:18:12
	50	Fredrik Falkgård	-	00:18:32	00:20:17	00:18:36	00:21:31	01:18:56
	51	Paul Cato Mykkeltvedt	re-spons	00:17:11	00:21:57	00:19:46	00:20:58	01:19:52
	52	Stein Dyngen	Syril, IL	00:14:07	00:17:41	00:22:52	00:25:37	01:20:17
	53	Jan-Tore Hagen	-	00:16:46	00:24:30	00:20:04	00:19:33	01:20:53
	54	Arne Nyhammer	-	00:18:29	00:21:53	00:17:53	00:23:12	01:21:27
	55	Håvard Flatland	-	00:17:45	00:23:24	00:21:27	00:19:42	01:22:18
	56	Roland Van Den Tillaar	-	00:24:55	00:27:12	00:17:24	00:19:41	01:29:12

Superkjering veteran kvinner

	1	Torunn Grut	-	00:16:05	00:16:39	00:16:22	00:20:52	01:09:58
	2	Birgit Skram	Sogn BHT	00:20:14	00:20:51	00:20:59	00:21:58	01:24:02
	3	Siri Storevik	Syril, IL	00:22:32	00:19:25	00:21:17	00:22:09	01:25:23
	4	Reidun Ovrid	-	00:22:21	00:21:24	00:19:50	00:22:52	01:26:27
	5	Gro Hovland	LUVIS	00:20:53	00:23:38	00:21:14	00:22:50	01:28:35
	6	Bjørg Høyland	VOSS il	00:18:13	00:24:24	00:21:53	00:24:30	01:29:00
	7	Wenche Fjørtoft	Fossil	00:22:38	00:21:30	00:21:44	00:23:10	01:29:02
	8	Gro Selås	-	00:24:56	00:23:08	00:19:00	00:25:19	01:32:23
	9	Berta Skildheim Kvam	Kaupanger IL	00:26:25	00:21:13	00:20:54	00:24:05	01:32:37
	10	Susanne Svardal	Vegil	00:29:33	00:21:01	00:19:21	00:22:52	01:32:47
	11	Gry Tokvam	-	00:28:25	00:24:16	00:21:25	00:26:24	01:40:30

Superkjering veteran menn

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	1	Ivar Henjum	Syril, IL	00:11:02	00:14:00	00:14:15	00:20:31	00:59:48
	2	Ingar Hals	Syril, IL	00:13:21	00:15:25	00:15:30	00:16:47	01:01:03
	3	Odd Arve Rakstad	-	00:14:09	00:15:42	00:16:17	00:15:51	01:01:59
	4	Harald Andreas Holmefjord	Gaular	00:14:14	00:17:32	00:15:46	00:18:00	01:05:32
	5	Arne Egil Husabø	-	00:12:26	00:17:10	00:18:25	00:18:00	01:06:01
	6	Morten Michalsen	-	00:14:23	00:18:42	00:16:19	00:18:38	01:08:02
	7	Sverre N. Moe	Syril, IL	00:17:30	00:16:52	00:15:10	00:18:31	01:08:03
	8	Jarle Skoge	Syril, IL	00:14:15	00:17:55	00:18:15	00:18:20	01:08:45
	9	Karl Erik Johnsen	Syril, IL	00:12:53	00:18:16	00:19:30	00:18:52	01:09:31
	10	Per Hauge	Syril, IL	00:14:54	00:18:26	00:16:40	00:19:35	01:09:35
	11	Arne Monrad Johnsen	Syril, IL	00:12:35	00:19:57	00:19:05	00:18:20	01:09:57
	12	Per Farsund	Torturlaget	00:11:13	00:20:37	00:20:33	00:18:18	01:10:41
	13	Egil-Johannes Vangsnes	-	00:12:41	00:19:01	00:17:04	00:22:38	01:11:24
	14	Lasse Opseth	-	00:15:44	00:19:20	00:18:41	00:17:57	01:11:42
	15	Harald Forland	Breimsbygda IL	00:15:38	00:19:16	00:17:14	00:20:56	01:13:04
	16	Kåre Træen	Sogndal kommune	00:15:26	00:19:20	00:19:57	00:18:54	01:13:37
	17	Olav Mjaatvedt	Fossil	00:18:17	00:20:22	00:14:20	00:20:47	01:13:46
	18	Nils Magne Slinde	Syril, IL	00:19:30	00:18:27	00:17:41	00:19:47	01:15:25
	19	Magne Høgelid	-	00:18:09	00:20:54	00:17:23	00:19:47	01:16:13
	20	Anders Vefring	-	00:16:53	00:21:40	00:18:16	00:19:39	01:16:28
	21	Hermund Mjelstad	Fylkesmannen	00:16:17	00:23:33	00:20:04	00:20:01	01:19:55
	22	Kåre Dalaker	-	00:20:24	00:22:14	00:16:31	00:22:04	01:21:13
	23	Eivind Brendehaug	-	00:16:43	00:23:47	00:20:06	00:21:42	01:22:18
	24	Ingvar K. Halsnes	-	00:20:16	00:22:55	00:28:36	00:21:47	01:33:34
	25	Carlo Aall	Syril, IL	00:23:30	00:24:18	00:28:09	00:21:01	01:36:58
	26	Erling Holden	Syril, IL	00:34:06	00:19:27	00:22:22	00:21:55	01:37:50
Superkjering superveteran kvi								
	1	Jorunn Fjermestad	-	00:24:47	00:22:50	00:20:05	00:22:45	01:30:27

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	2	Astrid Ormberg	FANA O	00:25:11	00:29:32	00:24:49	00:25:57	01:45:29
Superkjering superveteran me								
	1	Tore Loe	Stranda sykkelklubb	00:12:59	00:15:21	00:15:11	00:16:55	01:00:26
	2	Per Torodd Nes	Øpste Tjødnali	00:14:17	00:14:05	00:14:54	00:17:39	01:00:55
	3	Inge Tistel	-	00:16:04	00:14:05	00:14:53	00:16:45	01:01:47
	4	Kolbjørn Henjum	Hamar Skiklubb	00:13:37	00:16:35	00:15:30	00:17:01	01:02:43
	5	Nils T. Henjum	Syril, IL	00:15:31	00:16:39	00:16:36	00:18:20	01:07:06
	6	Vidar Lægreid	-	00:18:49	00:16:20	00:15:22	00:17:49	01:08:20
	7	Asbjørn Røyseth	-	00:16:37	00:17:55	00:15:53	00:18:21	01:08:46
	8	Rolf Almås	Syril, IL	00:17:21	00:16:39	00:17:18	00:17:54	01:09:12
	9	Jon Ove Lomheim	Hafslo IL	00:14:49	00:18:13	00:18:23	00:18:07	01:09:32
	10	Lars Magnar Røneid	-	00:16:40	00:17:48	00:17:19	00:17:46	01:09:33
	11	Jon Henjum	Syril, IL	00:15:04	00:18:55	00:16:57	00:19:32	01:10:28
	12	Rolf Salveson	Nestangen	00:17:14	00:16:58	00:18:11	00:18:21	01:10:44
	13	Tor Eirik Hamre	Syril, IL	00:18:02	00:17:53	00:18:27	00:20:45	01:15:07
	14	Håkon Dyrkolbotn	-	00:14:33	00:19:08	00:19:59	00:21:42	01:15:22
	15	Martin Sande	Gaular	00:16:37	00:20:50	00:18:23	00:20:25	01:16:15
	16	Bjørn Birger Bremer	Fykil	00:18:24	00:19:12	00:20:09	00:19:40	01:17:25
	17	Arne Gjeraker	-	00:17:30	00:18:51	00:20:02	00:21:03	01:17:26
	18	Halvor Thurn-Basberg	Sauradnkameratadn	00:14:49	00:22:22	00:19:30	00:22:04	01:18:45
	19	Ragnar Børsheim	førde sentralsjukehus bedrifts	00:20:16	00:20:53	00:19:42	00:18:30	01:19:21
	20	Per Norstein	Syril, IL	00:19:41	00:19:31	00:20:01	00:20:32	01:19:45
	21	Jan Hallstein Lie	Nestangen laugarlag	00:18:24	00:20:20	00:18:22	00:24:03	01:21:09
	22	Per Vikane	Statoil	00:23:48	00:20:32	00:18:09	00:21:19	01:23:48
	23	Svein Helge Frækaland	Vegil	00:23:53	00:21:06	00:19:41	00:21:04	01:25:44
	24	Torgeir Urdahl	Syril, IL	00:22:03	00:23:55	00:21:06	00:21:54	01:28:58
	25	Kjell Stenstadvold	-	00:20:27	00:23:14	00:21:22	00:24:26	01:29:29
	26	Tom Dybwad	Fylkesmannen	00:18:55	00:28:02	00:24:50	00:21:48	01:33:35

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	27	Jan Olav Ormberg	FANA O	00:31:08	00:28:49	00:22:48	00:24:08	01:46:53
	28	Bjørn Andresen	Vegil	00:30:27	00:26:11	00:24:40	00:25:52	01:47:10
		Snittider	2003	00:16:59	00:19:33	00:18:26	00:19:59	01:14:57
		Standardavvik	2003	00:04:45	00:03:26	00:02:42	00:02:33	00:11:38
		Snittider for alle år		00:16:59	00:19:33	00:18:26	00:19:59	01:14:57
		Standardavvik for alle år		00:04:45	00:03:26	00:02:42	00:02:33	00:11:38