

# Resultat Superkjering

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
<b>2000</b>								
<b>Superkjering junior jenter</b>								
	1	Rannveig W Øverøyen	Haslum IL	00:23:49	00:22:04	00:17:43	00:28:04	01:31:40
<b>Superkjering junior gutar</b>								
	1	Gjermund Høgheim	Syril, IL	00:12:41	00:18:31	00:12:35	00:15:30	00:59:17
	2	Steinar Nes	Sogndal IL	00:10:23	00:18:25	00:13:21	00:17:45	00:59:54
	3	Henrik Langeland	Sogndal IL	00:11:08	00:19:07	00:14:54	00:18:49	01:03:58
	4	Andreas Handegård	Sogndal IL	00:10:40	00:22:00	00:16:24	00:16:25	01:05:29
	5	Tommy Hildeskor	Syril, IL	00:13:37	00:24:36	00:16:00	00:19:26	01:13:39
	6	Bjørnar Husabø	Syril, IL	00:11:59	00:26:02	00:18:34	00:17:52	01:14:27
	7	Petter Hagenlund	-	00:17:31	00:24:22	00:15:46	00:17:30	01:15:09
	8	Bjarte Breilid	-	00:24:21	00:20:03	00:16:26	00:17:47	01:18:37
	9	Lars Grinde	Syril, IL	00:20:06	00:26:02	00:13:52	00:20:38	01:20:38
	10	Dag Ove Eggum	Syril, IL	00:31:15	00:33:14	00:17:15	00:24:24	01:46:08
<b>Superkjering senior kvinner</b>								
	1	Anne Marie Svarstad	Markane IL	00:11:56	00:17:27	00:12:54	00:17:20	00:59:37
	2	Ingrid Narum	-	00:14:39	00:17:02	00:11:16	00:16:44	00:59:41
	3	Arna Kolltveit	Vik IL	00:13:12	00:18:21	00:13:50	00:18:54	01:04:17
	4	Kjersti Tveito	Villom IL	00:10:22	00:20:08	00:15:50	00:18:15	01:04:35
	5	Aud Marit Fjerdingsren	Markane IL	00:13:23	00:19:33	00:13:41	00:19:56	01:06:33
	6	Eivor Kirkerød	-	00:16:02	00:22:01	00:14:14	00:20:05	01:12:22
	7	Hege Nornes	POST, IL	00:14:22	00:22:38	00:16:07	00:19:27	01:12:34
	8	Elise Broch Hauge	Syril, IL	00:13:57	00:24:12	00:15:27	00:19:02	01:12:38
	9	Monica Beate Myklebust	Veten, IL	00:14:09	00:24:16	00:15:23	00:18:54	01:12:42
	10	Kristin Hatledal	Markane IL	00:16:40	00:22:27	00:14:08	00:19:29	01:12:44
	11	Helene Torgersen	Lurkarlaget	00:13:08	00:24:22	00:15:15	00:20:28	01:13:13
	12	Brit Siv Fimland	Førde Telemarksklubb	00:11:35	00:24:50	00:16:53	00:19:56	01:13:14

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	13	Tove Stensås	Syril, IL	00:15:40	00:22:08	00:15:38	00:20:29	01:13:55
	14	Torill Felde	Syril, IL	00:15:41	00:24:07	00:15:24	00:19:59	01:15:11
	15	Berit Amundsen	Brønnøysund IL	00:13:17	00:25:55	00:15:54	00:20:12	01:15:18
	16	Katrine Broch Hauge	BSI	00:12:47	00:26:55	00:17:20	00:20:35	01:17:37
	17	Astri Bjørnevik	HBIL Høyanger	00:14:56	00:26:21	00:16:15	00:20:15	01:17:47
	18	Marit Kvåle	-	00:18:18	00:24:59	00:15:53	00:20:22	01:19:32
	19	Bente Olsmo Høgheim	Syril, IL	00:16:47	00:25:12	00:17:11	00:23:27	01:22:37
	20	Gro Molde	-	00:14:08	00:28:51	00:18:48	00:22:02	01:23:49
	21	Jenny Kjestveit	-	00:19:15	00:25:25	00:16:52	00:22:35	01:24:07
	22	Eva Hamre	Syril, IL	00:16:27	00:27:23	00:17:41	00:23:46	01:25:17
	23	Kristin Lund Hansen	-	00:14:56	00:31:45	00:17:38	00:23:46	01:28:05
	24	Mariann Hjelle	HSF, BIL	00:27:19	00:25:32	00:17:30	00:21:22	01:31:43
	25	Anne Berit Dyngen	-	00:27:02	00:30:10	00:18:06	00:22:10	01:37:28
	26	Susanne Svardal	-	00:29:57	00:30:09	00:17:15	00:23:28	01:40:49
<b>Superkjering senior menn</b>								
	1	Håvard Selseng	-	00:09:32	00:16:26	00:10:12	00:14:48	00:50:58
	2	Anders-Johan Almås	Syril, IL	00:10:36	00:15:32	00:10:25	00:14:40	00:51:13
	3	André Haugsbø	Gaular IL	00:09:54	00:16:08	00:10:56	00:14:51	00:51:49
	4	Bjarne Nes	Sogndal IL	00:09:31	00:16:28	00:10:35	00:15:17	00:51:51
	5	Krister Haugsbø	Gaular IL	00:09:23	00:17:15	00:11:53	00:15:24	00:53:55
	6	Olav Bjarne Lysklett	-	00:08:47	00:18:16	00:12:20	00:16:06	00:55:29
	7	Børge Leiren	-	00:12:19	00:16:53	00:11:46	00:15:35	00:56:33
	8	Anders Bergset	-	00:10:03	00:18:52	00:11:57	00:16:00	00:56:52
	9	Brede Selseng	Sogndal IL	00:11:32	00:17:42	00:11:56	00:16:29	00:57:39
	10	Gaute Risnes	Aalesund CK	00:10:44	00:18:43	00:13:17	00:15:12	00:57:56
	11	Petter Bergstrøm	-	00:09:19	00:19:09	00:12:45	00:16:44	00:57:57
	12	Bjørn Gregert Halvorsen	-	00:10:02	00:18:49	00:13:00	00:17:00	00:58:51
	13	Knut Olav Bukve	Sogndal IL	00:10:03	00:17:56	00:14:07	00:16:56	00:59:02

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	14	Jørund Rasten Leirvoll	Lurkarlaget	00:09:39	00:18:17	00:14:10	00:17:09	00:59:15
	15	Lars Martin Kristensen	Markane IL	00:10:56	00:18:33	00:13:35	00:16:22	00:59:26
	16	Jarle Berge	-	00:10:32	00:19:44	00:13:42	00:15:59	00:59:57
	17	Bjørn Harald Røyseth	-	00:11:47	00:17:11	00:14:09	00:17:15	01:00:22
	18	Edvard Fjellestad	-	00:12:02	00:19:30	00:12:09	00:16:59	01:00:40
	19	Paul Ivar Pedersen	Stranda IL	00:09:36	00:21:16	00:13:38	00:16:59	01:01:29
	20	Jomar Leirdal	-	00:10:14	00:19:49	00:14:52	00:16:53	01:01:48
	21	Halvor Kr. Halvorsen	-	00:11:10	00:20:27	00:14:03	00:17:43	01:03:23
	22	Atle Eikevik	Sogndal IL	00:12:50	00:19:24	00:14:21	00:17:09	01:03:44
	23	Steinar Røysum	Syril, IL	00:13:03	00:19:35	00:12:54	00:18:33	01:04:05
	24	Hans Kristian Dolmen	Syril, IL	00:13:20	00:20:50	00:13:30	00:16:31	01:04:11
	25	Arne Mykland	-	00:12:50	00:20:38	00:12:57	00:17:58	01:04:23
	26	Johannes Hunderi	-	00:14:19	00:21:05	00:12:31	00:16:42	01:04:37
	27	Per Dale	HBIL Høyanger	00:10:06	00:21:21	00:16:01	00:17:10	01:04:38
	28	Per Øystein Hansen	Sogndal IL	00:13:59	00:19:18	00:14:08	00:18:09	01:05:34
	29	Henrik Røyseth	Syril, IL	00:12:10	00:20:52	00:15:07	00:17:25	01:05:34
	30	Jarle Hamre	-	00:11:33	00:24:07	00:13:12	00:17:04	01:05:56
	31	Torbjørn Os	Førde IL	00:13:26	00:22:13	00:13:19	00:17:19	01:06:17
	32	Karl Røyrihus	Stranda IL	00:12:01	00:20:49	00:14:16	00:19:15	01:06:21
	33	Stein Dyngen	Vegil	00:12:54	00:22:08	00:15:17	00:18:24	01:08:43
	34	Trond Stokstad	Braathen	00:15:16	00:20:51	00:14:41	00:18:11	01:08:59
	35	Jarle Skoge	Syril, IL	00:14:16	00:21:33	00:15:00	00:18:18	01:09:07
	36	Tore Morten Mettenes	Førde CK	00:13:33	00:22:22	00:14:42	00:18:32	01:09:09
	37	Øyvind Heiberg Sundby	Syril, IL	00:17:17	00:22:35	00:12:18	00:17:43	01:09:53
	38	Anders Knut Molland	POST, IL	00:15:09	00:22:46	00:12:49	00:19:52	01:10:36
	39	Asgeir Haugen	-	00:13:26	00:23:03	00:15:01	00:19:27	01:10:57
	40	Torkjel K. Solbraa	Sogndal IL	00:12:06	00:25:37	00:16:14	00:17:29	01:11:26
	41	Henning Nilsen	-	00:14:19	00:22:58	00:15:13	00:19:07	01:11:37

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	42	Jørn Lothe	SFE BIL	00:13:47	00:25:04	00:14:21	00:18:27	01:11:39
	43	Helge Svendsen	-	00:14:26	00:23:38	00:15:01	00:18:35	01:11:40
	44	Karl Helge Albretsen	-	00:11:30	00:23:52	00:15:37	00:21:00	01:11:59
	45	Arne Småbrekke	Veritas BIL	00:15:40	00:25:14	00:14:15	00:19:22	01:14:31
	46	Torstein Fjermestad	Kaupanger IL	00:16:23	00:24:57	00:14:59	00:18:36	01:14:55
	47	Bjørn Tore Lie	-	00:11:39	00:23:53	00:19:25	00:21:23	01:16:20
	48	Geir-Ove Myklebust	HBIL Høyanger	00:11:52	00:29:54	00:16:59	00:18:18	01:17:03
	49	Svein Romstad	-	00:13:02	00:24:02	00:19:25	00:21:00	01:17:29
	50	Ingvald Kvåle	-	00:13:13	00:29:36	00:15:49	00:19:55	01:18:33
	51	Ole Bent Søreide	-	00:12:14	00:26:33	00:17:13	00:23:08	01:19:08
	52	Magne Høgelid	-	00:19:20	00:23:58	00:15:15	00:20:49	01:19:22
	53	Ingar Husum	-	00:16:55	00:26:12	00:16:58	00:19:23	01:19:28
	54	Kjetil Tvetene Sæter	Syril, IL	00:15:44	00:26:49	00:18:41	00:19:53	01:21:07
	55	Kjetil Skjeldestad	Sogndal IL	00:18:09	00:24:05	00:18:23	00:21:02	01:21:39
	56	Rune Opheim	-	00:20:13	00:26:02	00:17:06	00:20:04	01:23:25
	57	Anders Soleim	-	00:20:26	00:26:37	00:17:09	00:19:34	01:23:46
	58	Oddvin Magne Myklebust	Veten, IL	00:16:30	00:29:09	00:18:55	00:20:16	01:24:50
	59	Påsan Vigerust	Veritas BIL	00:14:46	00:25:36	00:19:21	00:25:25	01:25:08
	60	Svein Jarle Slinde	Norane IL	00:17:49	00:33:01	00:16:55	00:19:30	01:27:15
	61	Svein Breidvik	-	00:21:07	00:30:39	00:16:43	00:22:16	01:30:45
	62	Carlo Aall	-	00:21:26	00:28:53	00:19:38	00:21:47	01:31:44
	63	Per Christensen	-	00:22:37	00:27:18	00:20:25	00:23:49	01:34:09
	64	Kristoffer Pettersen	Kragerø IL	00:25:59	00:29:08	00:15:24	00:26:29	01:37:00
	65	Arvid Storheim	-	00:21:59	00:40:19	00:19:47	00:24:22	01:46:27
	66	Jo Vikøren	Syril, IL	00:35:33	00:42:49	00:22:19	00:27:37	02:08:18
	67	Eivind Yttri	Lærdal IL	00:31:11	00:41:05	00:29:39	00:26:29	02:08:24
	68	Arve Yttri	Syril, IL	00:28:16	00:43:55	00:29:50	00:26:24	02:08:25

### Superkjering veteran kvinner

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	1	Sissel Espe	Syril, IL	00:17:45	00:27:05	00:17:59	00:23:32	01:26:21
<b>Superkjering veteran menn</b>								
	1	Ivar Henjum	Syril, IL	00:10:04	00:18:46	00:12:28	00:15:41	00:56:59
	2	Arne Johannessen	Sogn Politiidr.lag	00:10:55	00:18:19	00:12:28	00:16:21	00:58:03
	3	Geir Verpeide	Stranda IL	00:09:49	00:20:21	00:11:35	00:16:47	00:58:32
	4	Helge Harkjerr	Sogndal IL	00:11:19	00:18:54	00:13:18	00:16:27	00:59:58
	5	Edvard Leirdal	-	00:11:53	00:17:32	00:12:35	00:18:14	01:00:14
	6	Odd Arve Rakstad	Syril, IL	00:12:59	00:18:59	00:13:21	00:16:00	01:01:19
	7	Sverre N. Moe	-	00:12:56	00:20:00	00:11:53	00:16:48	01:01:37
	8	Ingar Hals	Vegil	00:13:25	00:18:45	00:12:42	00:17:02	01:01:54
	9	Harald Andreas Holmefjord	-	00:11:25	00:20:32	00:13:20	00:18:13	01:03:30
	10	Otto Andersen	-	00:15:31	00:19:43	00:12:51	00:17:31	01:05:36
	11	Karl Erik Johnsen	Syril, IL	00:11:54	00:22:02	00:15:16	00:18:24	01:07:36
	12	Jon Ove Lomheim	Hafslo IL	00:11:38	00:21:42	00:15:39	00:18:50	01:07:49
	13	Per Hauge	Syril, IL	00:13:00	00:22:06	00:14:44	00:18:11	01:08:01
	14	Egil-Johannes Vangsnes	Lurkarlaget	00:12:24	00:24:16	00:13:28	00:18:36	01:08:44
	15	Dag Røen	-	00:14:10	00:22:24	00:14:10	00:20:13	01:10:57
	16	Harald Forland	Breimsbygda IL	00:12:35	00:24:20	00:14:41	00:20:11	01:11:47
	17	Morten Michalsen	-	00:13:24	00:25:46	00:14:02	00:19:26	01:12:38
	18	Arne Egil Husabø	Syril, IL	00:15:02	00:23:11	00:16:41	00:18:38	01:13:32
	19	Torgeir Urdahl	-	00:15:19	00:22:14	00:14:56	00:21:56	01:14:25
	20	Per Farsund	-	00:12:22	00:26:59	00:16:28	00:18:45	01:14:34
	21	Øyvind Watne	Gaular IL	00:18:20	00:23:55	00:14:26	00:19:05	01:15:46
	22	Ola Nornes	Norane IL	00:15:03	00:24:01	00:17:44	00:19:00	01:15:48
	23	Arne Monrad Johnsen	Syril, IL	00:12:50	00:26:48	00:17:51	00:19:04	01:16:33
	24	Nils Erling Yndesdal	-	00:17:21	00:24:31	00:17:31	00:19:50	01:19:13
	25	Eivind Brendehaug	-	00:17:19	00:27:10	00:17:53	00:22:32	01:24:54
	26	Ingvar K. Halsnes	Syril, IL	00:16:54	00:29:08	00:18:26	00:20:35	01:25:03

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	27	Bjørn Fjøsne	-	00:20:56	00:26:36	00:18:03	00:23:15	01:28:50
	28	Ivar Bergset	Veten, IL	00:12:44	00:32:45	00:20:58	00:25:08	01:31:35
	29	Arvid Kvam	-	00:26:13	00:26:20	00:17:11	00:22:25	01:32:09
	30	Kåre Dalaker	-	00:18:35	00:30:31	00:16:32	00:26:34	01:32:12
	31	Jan Sigurd Haugen	-	00:22:18	00:33:48	00:20:34	00:23:54	01:40:34
<b>Superkjering superveteran kvi</b>								
	1	Jorunn Fjermestad	-	00:18:44	00:25:31	00:17:27	00:23:01	01:24:43
	2	Olga Marie Narum	-	00:24:16	00:24:25	00:17:00	00:23:10	01:28:51
	3	Marta Ringheim	Voss	00:28:59	00:27:48	00:15:34	00:28:01	01:40:22
	4	Grethe-Maren Myklestad	Sogndal IL	00:26:31	00:28:35	00:18:19	00:27:23	01:40:48
	5	Reidun Strand	Fykil	00:24:21	00:30:51	00:19:46	00:27:01	01:41:59
<b>Superkjering superveteran me</b>								
	1	Per Torodd Nes	Sogndal IL	00:12:43	00:17:53	00:12:12	00:17:08	00:59:56
	2	Asbjørn Røyseth	-	00:12:11	00:19:15	00:12:57	00:18:27	01:02:50
	3	Tor Eirik Hamre	Syril, IL	00:12:41	00:21:26	00:14:07	00:19:21	01:07:35
	4	Nils T. Henjum	Vegil	00:12:33	00:22:38	00:14:25	00:18:34	01:08:10
	5	Rolf Almås	Syril, IL	00:16:40	00:20:33	00:13:47	00:17:39	01:08:39
	6	Vidar Lægreid	Sogndal IL	00:16:40	00:21:01	00:13:31	00:18:56	01:10:08
	7	Tom Dybwad	-	00:13:36	00:24:29	00:14:03	00:19:53	01:12:01
	8	Trond Sundby	Fykil	00:15:10	00:22:27	00:16:05	00:20:01	01:13:43
	9	Per Norstein	Syril, IL	00:15:01	00:22:38	00:16:39	00:20:04	01:14:22
	10	Jon Henjum	Syril, IL	00:12:18	00:26:20	00:17:55	00:20:14	01:16:47
	11	Per Vikane	Statoil	00:20:58	00:23:00	00:14:06	00:19:41	01:17:45
	12	Håkon Dyrkolbotn	Sogndal IL	00:11:58	00:25:19	00:17:08	00:25:58	01:20:23
	13	Steinar Eikevik	Sogndal IL	00:20:25	00:22:42	00:18:20	00:19:39	01:21:06
	14	Bjørn Birger Bremer	Fykil	00:16:23	00:26:39	00:18:25	00:20:24	01:21:51
	15	Ragnar Børsheim	Achilles-SSSF	00:17:58	00:28:18	00:16:30	00:19:17	01:22:03
	16	Gunnar Solbraa	Sogndal IL	00:16:05	00:25:22	00:17:38	00:23:06	01:22:11

Klasse	Nr	Namn	Klubb	Telemark	Langrenn	Springing	Sykling	Sluttid
	17	Sverre Høgheim	Modig, IL	00:19:30	00:24:38	00:14:32	00:23:34	01:22:14
	18	Svein-Erik Heggenes	Voss	00:22:01	00:24:12	00:16:38	00:25:08	01:27:59
	19	Bjørn Andresen	Vegil	00:25:06	00:31:43	00:20:03	00:23:56	01:40:48
	20	Jan Olav Ormberg	Fana IL	00:28:43	00:34:19	00:18:46	00:24:41	01:46:29
	21	Arne Aven	-	00:28:10	00:36:30	00:20:06	00:26:09	01:50:55
		<b>Snittider</b>	<b>2000</b>	00:15:40	00:23:57	00:15:38	00:19:49	01:15:03
		<b>Standardavvik</b>	<b>2000</b>	00:05:19	00:05:05	00:02:53	00:03:05	00:14:43
		<b>Snittider for alle år</b>		00:15:40	00:23:57	00:15:38	00:19:49	01:15:03
		<b>Standardavvik for alle år</b>		00:05:19	00:05:05	00:02:53	00:03:05	00:14:43